**REVIEW - Ballina District Athletics**

Well done to all of our athletes who competed in the Ballina District Athletics Carnival at Alstonville last Friday!

All of our competitors did their very best on the day. **Congratulations to the following students** who have qualified to compete in the Far North Coast Zone PSSA Track & Field Championships at Byron Bay on Friday 15th August.

Jasmine C: 11yrs girls high jump & discus
Liam O’Connor: 12/13yrs boys shot put
Mixed PP5 relay: Liam O, Kirsty G-J, Jasmine C & Jesse B.

Permission notes have been sent home today for those qualifying students.

Permission notes & levies are to be returned by no later than next Tuesday 12th August, thank you.

**CHOCOLATE MONIES DUE!!!! (THIS FRI 8th Aug)**

The deadline for the return of all chocolate monies is **THIS Friday 8th August**! As there are still a number of boxes to be collected, please return monies as a matter of urgency so that ALL chocolates may be signed out & we can FINALISE this fundraiser!!! **THANK YOU**

**PARENT RESPONSES DUE**

- F.N.C Athletics Permission/levy (qualifying students only) **Due – Wed 14th Aug**
- Senior Excursion final payment & permissions (senior students) **Due – Wed 14th August**
- School photo orders & payment (optional for all students) **Due – Tues 20th August**
Up & Coming Events

August

Thursday 7th
Boat Safety Excursion (yrs 5/6 only)
Venue: Shaws Bay

Friday 8th
Interschool AFL Competition - EVPS vs Rous P.S
Venue: Rous P.S

Monday 11th
Whole School Assembly

Friday 15th
FNC Zone Athletics (qualifying students)
Venue: Byron Shire Cultural & Sporting Complex

Wednesday 27th (date TBC)
Bookfair
Venue: EVPS

Friday 29th
Interschool AFL Competition - EVPS vs CTIPS
Venue: CTIPS

September

Monday 1st (selected students)
Plateau to the Sea Public Speaking
Venue: Lennox Head

Tuesday 9th Sept 12:00 DATE CHANGE
Matinee Mid-Year Concert TBC

Thursday 11th DATE CHANGE
Mid-Year Concert

Thursday 18th ALTERNATIVE DATE
Mid-Year Concert

Friday 12th
½ day Race Holiday

Monday 15th (selected students)
Premiers Spelling Bee
Venue: Wyrallah Road PS

Tuesday 16th (selected students)
SXCSS Public Speaking
Venue: Tregeagle PS

KIDS HELPLINE

Kids Helpline is Australia’s only free, national telephone service for children & young people between the ages of 5 & 18. It promotes a non-judgmental, confidential service where no problem is too small, too embarrassing or too “out of bounds” to talk about. The service is available 24 hours anywhere in Australia.

(Free call: 1800 55 1800)

ATTACHMENTS

• Broadwater PS Pyjama Party Disco
• Wardell Red Cross Centenary Info
Flu season is here!
Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

- Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.
- Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.
- Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hands cleaners are also effective.
- Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit’s vaccination page.

Previous vaccination with the pandemic influenza vaccine, Panvax® is not a barrier to also receiving the seasonal influenza vaccine.

If any of the children or staff would like to come along and see the history of the Red Cross in our area, Wardell Branch is one of the few branches with 100 years of continuous service to the Red Cross.
As well as the celebrations in the hall, there is a memorial at the Sport and recreation club that was erected in 1925 and a grove of 27 trees planted to commemorate the lives of men who lost their life in the World War I. The Wardell Branch will add a plaque to this memorial with the names of 27 men as part of the Centenary celebrations.

Paddy Goff
Wardell Red Cross

Reminder of the next P&C meeting next Tuesday 7pm. All welcome 😊